

## Oviva Diabetes Support - Self Referral Service For Patients

As you'll know, COVID-19 can cause more severe symptoms and complications in people with diabetes, so it's as important as ever to continue to provide support in managing Diabetes effectively. As such, patients with T2D can now **self-refer** for the free NHS Oviva service to receive personalised 1-to-1 care from a diabetes specialist.

**Oviva Diabetes Support** helps patients learn more about their Type 2 diabetes and make lasting changes in their diet and lifestyle to help them stay well, lose weight, and improve their blood glucose and diabetes management. Patients who attend the programme achieve;

- 4.4 kg weight loss
- On average, patients achieve a 12mmol/mol HbA1c reduction\*
- Overall, 24% patients achieve diabetes remission\*

Oviva's team of healthcare professionals offer fully remote appointments over the phone or via their app, so patients can receive expert care from home at a time that suits them. As part of Diabetes Support, patients will be able to speak to a specialist diabetes coach on a one-to-one basis, use the app to track their food and activity levels, and continue to work towards their health goals without leaving their home.

Please encourage eligible patients to sign up for this support by visiting [www.oviva.com/join-diabetes-support](http://www.oviva.com/join-diabetes-support)

\*Diamond L et al. Diabetes UK 2018 Professional Conference peer reviewed abstract & oral presentation.